

## **UHU home device - SPECIFICATIONS**

PACKAGE INCLUDES EU PD USB C RECTIFIER 220V-110V / 5-20V, 2-10A

POWER - MAX 100W

POWER CONSUMPTION - MAX 100W

MAGNETIC FIELD STRENGTH - 2 microT - 10 milliT

TYPES OF EM FIELDS – HERTZIAN AND SCALAR

TYPES OF EM WAVES – SINE, TRIANGLE, SQUARE AND SAWTOOTH

APPLIANCE DIMENSIONS AND MATERIAL - 20 x 20 x 4, FULL QUALITY WOOD

ANTENNA DIMENSIONS AND MATERIAL - R15 x 2, CARBON/CERAMIC COMPOUND

HANDLE DIMENSIONS AND MATERIAL - R3 x 12, HIGHLY CONDUCTIVE DURALUMINUM

CABLE LENGTH AND MATERIAL - 1.5m, THREE-WIRE CABLE, COPPER WIRE WITH SILICONE COVER AND NICKEL-PLATED CONNECTORS

### **CONTENTS OF THE EAR UHU PACKAGING**

1. APPARATUS	1 PIECE
2. ANTENNA APPLICATORS	2 PIECES
3. HOLDERS	2 PIECES
4. CURRENT RECTIFIER/CONVERTOR	1 PIECE
5. CABLES	2 PIECES
6. STRAP FOR ATTACHING	2 PIECES
7. INSTRUCTIONS FOR USE	1 PIECE
8. WARRANTY CERTIFICATE	1 PIECE
9. BOX/PACKAGE	1 PIECE

## **IMPORTANT WARNINGS / TERMS FOR EXCLUSION OF WARRANTY**

Before switching on, let the device (DEVICE and ANTENNAS) acclimatize to room temperature.

Do not plug the device into old, bad and ungrounded sockets!

Never expose the device, antennas, holders, cables, rectifier (hereinafter referred to as the Device) to temperatures below 4 degrees C and above 40 degrees C (39 F - 104 F)!

Do not expose the device to open heat at high temperatures (direct and/or strong sunlight, near a fire or a strong heating element). Do not turn the device on fire.

Do not bend the cables forcibly and unnecessarily, do not break them, do not cut or tear the connectors (when pulling out the cables from the device/antenna/holder, hold them only by the rubber-plastic connectors, never by the cables). The same applies to the rectifier - always hold it by the solid connectors, never by the cable!

Do not expose the device to extreme cold and ice. Never pour water on the device and keep it away from liquids and moisture in general!

Do not handle the device with wet and/or greasy hands!

Never wipe the device with cleaning agents, wash or wet it in any way (wipe only with a soft cloth)!

Do not throw the device from a height or hit it with hard and/or sharp objects!

Do not put the device in the mouth and/or use it as a coaster!

Do not open the device and do not change/repair parts of the device yourself at home!

Do not give the device to children under the age of 16 to use it themselves and/or to play with it and put it in their mouth!

## INSTRUCTIONS FOR USE

### -- USING THE PROGRAM WHEN THE ANTENNAS ARE ON THE DEVICE ITSELF

1. CONNECT THE RECTIFIER (4) WITH THE DEVICE (1)



2. PLUGGED THE OTHER END OF THE RECTIFIER (4) INTO THE HOME SOCKET

3. PLUG THE EXTERNAL ANTENNAS OF THE APPLICATOR (2) INTO THE CONNECTORS ON THE DEVICE (1). DEPENDING ON THE CHOICE OF THE PROGRAM, PUT ONE OR BOTH ANTENNAS INTO THEIR SEATS ON THE DEVICE, AS WELL AS DETERMINE WHETHER THE ANTENNAS ARE FACING THE SAME OR FACING IN DIFFERENT SIDES AS IN THE PICTURE, ALL ACCORDING TO THE TYPE OF PROGRAM WHICH REQUIRE A DIFFERENT PLACEMENT OF THE ANTENNAS BECAUSE OF NECESSARY TYPES OF EL. MAGNETIC FIELD AND WAVES



4. TURN ON THE DEVICE BY PRESSING THE SWITCH ON THE BACK OF THE DEVICE



5. IN THE MENU (HOME PAGE) THAT APPEARS ON THE SCREEN OF THE DEVICE, FROM THE LEFT SIDE OF THE SCREEN IN THE DROP-DOWN (SCROLL UP/DOWN) MENU, SELECT THE DESIRED ACTION PROGRAM - FROM THE RIGHT SIDE OF THE SCREEN, THE SUB-GROUPS OF THE SELECTED MAIN GROUP FROM THE LEFT SIDE WILL AUTOMATICALLY APPEAR, AND BY CHOOSING UP DOWN (SCROLL UP/DOWN) ON THE RIGHT SIDE OF THE SCREEN, SELECT THE DESIRED PROGRAM FROM THE SELECTED SUBGROUP. THEN

THE SELECTION APPEARS ON THE SCREEN - ANTENNAS / MOUNTS. PRESS THE APPLICATOR AND ONE, TWO OR MORE OFFERED OPTIONS/PROGRAMS FOR THE TREATMENT OF THE SELECTED DISEASE WILL APPEAR ON THE SCREEN. THEN, BY CLICKING ON THE DESIRED CIRCLE/PROGRAM, START THE SAME (A CIRCLE APPEARS WITH THE DURATION TIME OF THE PROGRAM OPTION). EACH PROGRAM IS ALREADY SET FOR THE NECESSARY DURATION TIME AND THE APPLIANCE WILL AUTOMATICALLY SWITCH OFF WHEN THE PROGRAM DURATION RUNS OUT, AND THE COUNTDOWN WILL BE VISIBLE ON THE SCREEN. IF DURING THE DURATION OF THE PROGRAM YOU NEED TO PAUSE IT FOR SOME REASON, PRESS 'PAUSE' AT THE BOTTOM OF THE SCREEN, THE PROGRAM WILL PAUSE AND THEN, WHEN YOU WANT TO CONTINUE, BY PRESSING THE SAME KEY (NOW IT SAYS 'START') THE PROGRAM WILL PICK UP WHERE YOU LEFT OFF.



NOTE - WHILE USING THE PROGRAMS WHEN THE ANTENNAS ARE PLUGGED INTO THE DEVICE, THE RECOMMENDED DISTANCE FROM THE DEVICE/ANTENNA TO YOU IS DETERMINED ACCORDING TO THE POWER THAT YOU SELECTED IN THE DEVICE MENU - 25, 50, 75, 100 %

WEAK- max 0.5m / MEDIUM- max 1m / STRONG- max 2m

#### - INSTRUCTIONS FOR USING THE PROGRAM WITH HOLDERS

1. CONNECT (PLUGE) ONE END OF THE CABLES (5) INTO THE HOLDERS (3)



2. THE OTHER CABLE END (5) PLUG INTO THE DEVICE (1)



3. TURN ON THE DEVICE (1) BY PRESSING THE SWITCH ON THE BACK OF THE DEVICE



4. IN THE MENU (HOME PAGE) THAT APPEARS ON THE SCREEN OF THE DEVICE, FROM THE LEFT SIDE OF THE SCREEN IN THE DROP-DOWN (SCROLL UP/DOWN) MENU, SELECT THE DESIRED ACTION PROGRAM - FROM THE RIGHT SIDE OF THE SCREEN, THE SUB-GROUPS OF THE SELECTED MAIN GROUP FROM THE LEFT SIDE WILL AUTOMATICALLY APPEAR, AND BY CHOOSING UP DOWN (SCROLL UP/DOWN) ON THE RIGHT SIDE OF THE SCREEN, SELECT THE DESIRED PROGRAM FROM THE SELECTED SUBGROUP. THEN THE SELECTION APPEARS ON THE SCREEN - ANTENNAS OR HOLDERS. PRESS THE HOLDERS AND ONE, TWO OR MORE OFFERED OPTIONS/PROGRAMS FOR THE TREATMENT OF THE SELECTED DISEASE WILL THEN APPEAR ON THE SCREEN, AS A DISPLAY. THEN, BY CLICKING ON THE DESIRED OPTION, START THE SAME. EACH PROGRAM IS ALREADY SET FOR THE NECESSARY DURATION TIME AND THE APPLIANCE WILL AUTOMATICALLY SWITCH OFF WHEN THE PROGRAM DURATION RUNS OUT, AND THE COUNTDOWN WILL BE VISIBLE ON THE SCREEN. IF DURING THE DURATION OF THE PROGRAM YOU NEED TO PAUSE IT FOR SOME REASON, PRESS THE 'PAUSE' KEY, THE PROGRAM WILL PAUSE AND THEN, WHEN YOU WANT TO CONTINUE, BY PRESSING THE ITI KEY (NOW IT SAYS 'START') THE PROGRAM WILL CONTINUE. RIGHT WHERE YOU STOPPED HIM.



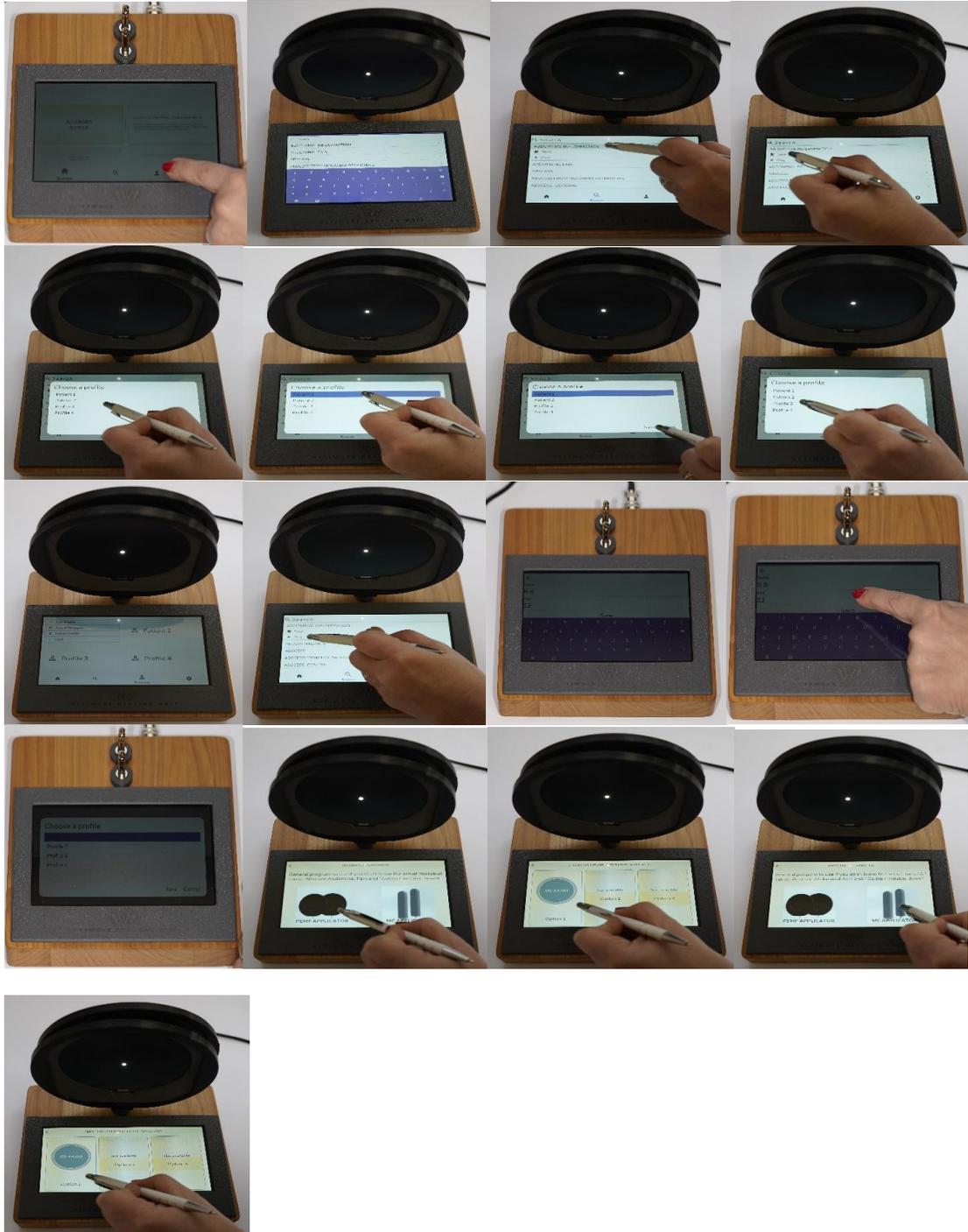
5. GRAB ONE HANDLE IN BOTH HANDS (3) UNTIL THE DURATION OF THE DESIRED PROGRAM ENDES. TWO LED LIGHTS WILL BE VISIBLE AT THE TOPS OF THE HOLDERS AS A SIGN THAT THE PROGRAM IS WORKING AND TRANSMITTING THE MICRO CURRENT/EM FIELD THROUGH YOUR BODY



NOTE - THESE HOLDERS PRIMARILY SERVE FOR PROGRAMS TO ELIMINATE BACTERIA, VIRUSES, PARASITES, FUNGI, WORMS, CANCER CELLS... AND THE PROGRAMS FOR THOSE TREATMENTS (DUE TO THE VERY NATURE OF THE DISEASE AND THE FREQUENCY RANGE OF THEIR WORK AS WELL AS THE WAY OF OUR PROGRAMMING TO ACT ON THEM) ARE CUSTOMIZED HANDS. OF COURSE, IT DOESN'T MIND THEM TO BE USED FOR OTHER PROGRAMS, BUT IT IS ABSOLUTELY UNNECESSARY (AND UNCOMFORTABLE) TO HOLD THESE KNOBS FOR HALF AN HOUR, AN HOUR AND THE EFFECT IS THE SAME AS USING EXTERNAL ANTENNAS/APPLICATORS. THEREFORE, SINCE THE HANDLES ARE DESIGNED AND MATCHED WITH THE MODE OF OPERATION OF THE APPARATUS FOR THE ABOVE-MENTIONED THINGS, IT IS ABSOLUTELY RECOMMENDED THAT THEY BE USED ONLY FOR THAT.

WARNING - WHEN CONNECTING AND DISCONNECTING THE CABLES TO THE DEVICE AND/OR HOLDERS, BE SURE TO HOLD ONLY THE CABLE CONNECTORS (PLASTIC RUBBER PART) AND NEVER THE CABLES THEMSELVES. DO NOT FORCE BEND OR `BREAK' CABLES

THE UHU DEVICE HAS MANY ADDITIONAL FUNCTIONS, OF WHICH PERHAPS THE MOST COMFORTABLE IS THAT IT HAS 4 PRESET PROGRAMS. THAT IS THE POSSIBILITY OF 4 PERSONS TO HAVE THEIR PREFERRED/NECESSARY PROGRAMS UNDER THEIR NUMBER, WHICH SIGNIFICANTLY FACILITATES THE USE OF THE DEVICE FOR EVERY PERSON IN THE FAMILY. IT IS ENOUGH TO LOAD THESE PROGRAMS ONCE INTO YOUR NUMBER/NAME AND AFTER THE USE IS QUICK AND SIMPLE, SO YOU DON'T HAVE TO SEARCH EVERY TIME YOU NEED THE DEVICE.



THE UHU DEVICE HAS A BASE OF ABOUT 1400 DISEASES AND CONDITIONS AND ABOUT 3500 PROGRAMS AND DESCRIPTIONS IN OVER 30 WORLD LANGUAGES, WHICH ENABLES MANY PEOPLE IN THE WORLD TO USE EASY, PRECISELY

## **HOW TO USE IT - YOU MUST STUDY IT WELL**

THERE ARE SOME GENERAL RULES FOR USING THE UHU home appliance. SINCE THERE IS A CHOICE OF TWO TYPES OF ELECTROMAGNETIC FIELD (HERZIAN AND SCALAR), IT IS NECESSARY TO SAY

- FOR FILLING OUR CELLS WITH THE NECESSARY ENERGY (VOLTAGE), TREATING THE IMPROVEMENT OF ORGANS AND SYSTEMS, PAIN, RECOVERY OF NERVE AND BRAIN FUNCTIONS, REST, CONCENTRATION, SLEEP... THE SCALAR FIELD IS USED. IT IS ACHIEVED WHEN THE ANTENNAS (WHILE THEY ARE DIRECTLY INCLUDED INTO THE DEVICE WITHOUT CABLES), ARE FACING OR FACING EACH OTHER. FOR TREATMENTS WHEN THE ANTENNAS FOR THE DEVICE ARE CONNECTED THROUGH THE CABLES AND YOU PLACE THEM ON THE BODY OR NEXT TO THE BODY, MAKE SURE THAT THEY ARE FACED ON THE OPPOSITE SIDES OF THE FACE. OR.. SET UP ONE ANTENNA ON ONE SIDE OF THE DESIRED PLACE FOR THE TREATMENT AND ANOTHER ON THE OTHER SIDE, SO YOU CAN PRACTICALLY FIND YOURSELF IN EM. FIELD BETWEEN THE ANTENNAS.

- FOR THE TREATMENT OF THE HEALING OF ALL WOUNDS, BONES, TENDONS, LIGAMENTS... AND INJURIES OF ALL TYPES WHERE A MORE INVASIVE TREATMENT IS NEEDED... MORE HERZIAN FIELDS ARE USED (THOUGH THE SCALAR FIELD WORKS WELL AS WELL). THE HERTZIAN FIELD IS ACHIEVED WHEN THE ANTENNAS (WHILE DIRECTLY PLUGGED INTO THE DEVICE WITHOUT CABLES) ARE FACING THE SAME SIDE. FOR TREATMENTS WHEN THE ANTENNAS FOR THE APPARATUS ARE CONNECTED THROUGH THE CABLES AND YOU PLACE THEM ON THE BODY OR NEXT TO THE BODY, MAKE SURE THEY ARE FACING THE SAME SIDE, OR PLACE ONE ANTENNA ON ONE SIDE OF THE DESIRED PLACE FOR TREATMENT AND ANOTHER ON THE OTHER SIDE, SO THAT YOU ARE PRACTICALLY IN THE EM. FIELD BETWEEN THE ANTENNAS. AND THAT'S ALL.

- FOR THE DESTRUCTION OF BACTERIA, FUNGI, VIRUSES, POLYPS, BROKEN CELLS, WORMS, PARASITES, WARTS, MYOMA... THE MOST COMMON TWO ALUMINUM RODS INSERTED THROUGH THE CABLES INTO THE DEVICE (ONE IN THE LEFT AND THE OTHER IN THE RIGHT HAND) ARE USED DURING THE DURATION OF THE DESIRED PROGRAM. IT CREATES A SPECIAL TYPE OF MICRO-CURRENT AND ELECTROMAGNETIC FIELD, WHICH IN THE AREA OF THE COMPLETE BODY AND BY DIRECT EFFECT THROUGH THE BODY, FINDS PROBLEMS AT THE FREQUENCIES OF THE GIVEN PROGRAMS AND ELIMINATES THEM.

MOST PROGRAMS ARE ENOUGH TO INCLUDE ONCE A DAY UNTIL THE HEALTH CONDITION OF THE PART OF THE BODY YOU WANT TO RECOVER IS ENOUGH

SOME CONDITIONS REQUIRE USING IT TWICE A DAY (MORNING AND EVENING), SUCH AS QUICK TREATMENTS FOR SPORTS INJURIES AND SOME MORE SERIOUS PROBLEMS

WARNING - MOST THINGS AND CONDITIONS ARE TREATED ONLY AS NEEDED, WHICH MEANS THAT THE DEVICE DOES NOT TURN ON PREVENTIVELY JUST BECAUSE IT IS THERE OR BECAUSE YOU HAVE TIME SITTING AT HOME. WE MAKE THE FOLLOWING RECOMMENDATIONS

1. GENERAL TYPE PROGRAMS - EARTH, REST, RELAXATION, CONCENTRATION, CALM, SLEEP... CAN BE USED AT ANY TIME OF THE DAY (FOR SLEEP IT IS USED AT NIGHT, OF COURSE) AND ARE EVEN DESIGNED FOR LONGER USE WITH THE ANTENNAS (APPLICATORS) INSERTED. IN THE DEVICE ITSELF, SMALL OR MEDIUM POWER AND DEPENDING ON THE DISTANCE OF THE DEVICE TO YOU AND/OR THE SIZE OF THE ROOM.

2. PROGRAMS FOR THE ELIMINATION OF BACTERIA, PARASITES, VIRUSES, FUNGI, WORMS, RUDE CELLS (PROGRAMS WITH HOLDERS) OF MEDIUM OR STRONG POWER OF ACTION... ARE USED ONLY WHEN THE EXISTENCE OF THE EXACT TYPE OF THEM IS PROVED BY CROSS-EXAMINATIONS AND BLOOD ANALYSIS TOGETHER WITH A QUANTUM EXAMINATION... TREATMENT ONCE OR (LESS) TWICE A DAY IS RECOMMENDED, DEPENDING ON THE TYPE AND QUANTITY OF SUCH HARMFUL MICROORGANISMS IN OUR BODY (BLOOD ANALYSIS), AS WELL AS THE CONDITION OF OUR BODY. IT SHOULD BE TAKEN INTO ACCOUNT THAT EACH DESTRUCTION OF SUCH ATTACKS LEADS TO THEIR DISSOLUTION INTO SMALL PARTS OF THE POISON AND THAT AS SUCH THEY MUST BE EJECTED FROM THE BODY. OF COURSE THIS IS DONE WITH PLENTY OF TEA AND WATER, SO IT IS ACTUALLY NECESSARY TO CREATE AN EXACT AND CORRECT TIME RELATION OF DESTROYING UNWANTED MICROORGANISMS WITHIN OUR BODY AND ELIMINATING THEM FROM IT.

THEREFORE, THESE PROGRAMS ARE PLAYED ONCE A DAY (SAY IN THE MORNING). IN THE AFTERNOON, THE PROGRAM FOR IMPROVING THE WORK OF THE ATTACKED ORGAN AND IN THE EVENING, THE DETOX PROGRAM FOR THE ORGANISM IS STARTED, WHICH WOULD THROUGHOUT THE NIGHT AND IN THE MORNING WITH A LITTLE INCREASED LIQUID INTAKE, EXCLUDE THOSE POISONS AND THEREFORE PREVENT A POSSIBLE CURRENT WORSENING OF THE CONDITION DUE TO TOO RAPID ELIMINATION OF HARMFUL RESIDUES. THE ELIMINATION PROCESS (TIME REQUIRED TO REMOVE THEM FROM THE ORGANISM) IS FROM 2 (TWO) TO 10 (TEN) DAYS, EXCEPT FOR THE TREATMENT OF RELEASED CELLS (40 DAYS - THE PROTOCOL WILL BE SENT BY EMAIL ON REQUEST) DEPENDING ON THE TYPE OF MICROORGANISM. AND ALL THAT WITHOUT TAKING CLASSIC MEDICINES.

3. PROGRAMS FOR IMPROVING WORK OR RECOVERY AFTER ILLNESS, FRACTURE, STRETCH - ORGANS, TISSUES, BONES, CONNECTIVE TISSUES, MUSCLES, EYES, HAIR, SKIN... CAN BE RUN ONCE TO TWICE A DAY WITHOUT ANY PROBLEMS. THESE PROGRAMS ARE MOST OFTEN USED WITH ANTENNAS (APPLICATORS) PLACED (OR ATTACHED) DIRECTLY ON THE DESIRED PLACE ON THE BODY

IT SHOULD NOT BE EMPHASIZED THAT THESE PROGRAMS ARE NOT USED JUST PREVENTIVELY BECAUSE... WHAT IS THE PURPOSE AND NEED IF EVERYTHING IS OK?

THESE PROGRAMS CAN (AND ARE RECOMMENDED) BE COMBINED WITH CLASSIC PHYSIOTHERAPY EXERCISES AND ALL TOGETHER GIVE FANTASTIC RESULTS

THERE ARE MANY PROGRAMS IN THE UHU DEVICE, OVER 3500 IN THE START PACKAGE, AND IT IS ALMOST IMPOSSIBLE TO RECOMMEND THE NUMBER OF USES FOR EACH PROGRAM INDIVIDUALLY TO EACH PERSON, BUT THE BASIC GUIDELINES ARE THERE. BOLJITAK IS CERTAINLY UNQUESTIONABLE AND SAFE. THE EAR DEVICE BY ITSELF WORKS QUICKLY AND EFFICIENTLY AND IT IS NOT NECESSARY AND SOMETIMES COUNTERPRODUCTIVE TO USE IT NON-STOP. USE YOUR FREE TIME FOR WALKING, DOING EXERCISES, READING, SOCIALIZING. AS WE ALREADY SAID, IT IS UP TO US TO DO THE RIGHT THING. The UHU home device IS ALMOST ALMIGHTY, BUT IT IS HERE TO HELP US GET BACK ON THE PATH OF HEALTH - WHENEVER YOU NEED IT! IT STILL REMAINS ON US AND ONLY ON US TO MAINTAIN IT.

### **HOME APPLIANCE UHU MENU**

THE MENU OF THE UHU HOME APPLIANCE IS CREATED IN MORE THAN 30 LANGUAGES SO EVERYONE CAN USE IT VERY SIMPLE. SINCE IT IS A TOUCH SENSITIVE SCREEN, EVERYTHING IS PERFORMED AS ON A MOBILE PHONE.

ON THE HOME PAGE OF THE UHU, AT THE BOTTOM OF THE SCREEN, THERE IS A SELECTION OF VARIOUS THINGS (LISTING, ALPHABETICAL SEARCH, PROFILES/FOR 4 PERSONS), AND SETTINGS IN WHICH, WHEN IT IS PRESSED, THERE IS A SELECTION OF THINGS SUCH AS LANGUAGES, COLOR SELECTION SCREEN WALLPAPERS, SLEEP MODE, THEMES, WI FI, BLUETOOTH CONNECTION, SOUND ADJUSTMENT, SCREEN LIGHTING, CHECKING THE NEWER VERSION... WHICH ARE EASILY ADJUSTABLE IN TWO STEPS, AS ON ANY MOBILE PHONE

ON THE HOME PAGE OF THE SCREEN, THERE IS - ON THE LEFT OF THE SCREEN - A SELECTION OF 30 BASIC GROUPS FOR TREATMENT. BY CHOOSING ONE OF THOSE BASIC GROUPS (SCROLL UP/DOWN), YOU AUTOMATICALLY COME TO THE RIGHT SIDE OF THE SCREEN - THE SELECTION MENU OF SUBGROUPS OF BASIC GROUPS WITH THE PROGRAM FOR TREATMENT WITHIN THAT SUBGROUP, AND BY SELECTING THE DESIRED PROGRAM IN THAT SUBGROUP THEN THE LEFT-PEMF SELECTION APPEARS ON THE SCREEN APPLICATOR, RIGHT MICRO-CURRENT PEMF HOLDERS. BY PRESSING ON ONE OF THESE TWO CHOICES (AND IN RELATION TO WHAT YOU WANT TO TREAT), YOU WILL GET TO A DIRECT CHOICE FROM SOMETIMES ONE, TO SOMETIMES THREE OR MORE PROGRAMS (CIRCLE WITH PROGRAM DURATION TIME) THAT TREAT THE DESIRED THING (DIFFERENT TESTS IN THE WORLD ARE ACCESS TO DIFFERENT METHODS, FREQUENCIES, SCHEDULES... AND WE MADE THEM ALL AT YOUR DISPOSAL!) AND STARTING THE DESIRED PROGRAM. THEN PRESS THAT CIRCLE. AND GET COMFORTABLE.

THE PROGRAMS ARE OFTEN VERY COMPLEX, BUT THEY ARE 'PACKED' INTO A REASONABLE TIME FRAME (MOST OF THE TIME ARE BETWEEN 20 AND 45 MINUTES), SO WE HAVE ALSO MADE THE TREATMENT EASIER FOR USERS IN THAT WAY

THE POWER OF THE DEVICE IS YOUR CHOICE BUT IT IS ALSO YOUR OBLIGATION TO CHOOSE CAREFULLY. EACH PROGRAM IS PRE-SET TO WORK AT ITS OPTIMUM STRENGTH. BUT... ON THE RIGHT SIDE THERE IS A SELECTION OF STRENGTH (IN % - 25, 50, 75, 100). THE GREATEST STRENGTH IS NOT ALWAYS THE BEST CHOICE. IT DEPENDS ON THE TYPE OF TREATMENT, DISTANCE FROM THE ANTENNA,

DISEASE/CONDITION... SOME GENERAL RULE IS THAT PROGRAMS THAT LAST LONGER WORK AT LOWER POWER WHILE THE SHORTER ONES WORK AT HIGHER. EVERY ORGANISM IS A LITTLE DIFFERENT AND YOU NEED TO ADJUST THE PROGRAMS TO YOURSELF. AND HOW BETTER TO ADJUST THAN USING THE DEVICE WHEN NEEDED?

### **METHODS OF USE - EXAMPLES**

-- IF AN ORGAN IS DISEASED DUE TO THE ACTION OF BACTERIA - USE THE BACTERIA ELIMINATION PROGRAM (WITH HOLDERS) ONCE IN THE MORNING, ONE DETOXIFICATION PROGRAM IN THE AFTERNOON (ANTENNAS ON THE DEVICE) AND IN THE EVENING ONE PROGRAM TO ENCOURAGE THE WORK OF THAT ORGAN (ANTENNAS ON THE BODY), DRINK TEA AND WATER TO EXCLUDE TOXINS

--IF YOU NEED TO RECOVER ORGANS OR BONES AFTER AN INJURY OR BREAK-- RUN A PROGRAM TO RECOVER/STIMULATE THE WORK OF THAT ORGAN OR BONE ONCE IN THE MORNING AND IN THE EVENING COMPOSITION, DURING THE DAY USE THE SCHUMANN/EARTH PROGRAM. IF THERE IS PAIN, USE THE PAIN-RESISTANCE PROGRAM DURING THE DAY (CHOOSE THE TYPE/PLACE OF PAIN FROM THE MENU)

-- IF TREATMENT AGAINST INSOMNIA IS NEEDED, PLAY THE SLEEP PROGRAM IN THE EVENING OR - FIRST TRY THE EARTH OR EARTH+ PROGRAM BEFORE THE EVENING, MAYBE ONE OF THEM IS ALREADY SUFFICIENT

THERE ARE MANY EXAMPLES. THERE ARE CURRENTLY ABOUT 1400 PROBLEMS, POSSIBLE PROBLEMS AT LEAST AS MANY. WE ARE ALL DIFFERENT AND ONE PROGRAM THAT WORKS IMMEDIATELY ON SOMEONE MAY HAVE A LITTLE DELAYED EFFECT ON ANOTHER. OF COURSE, PROVIDED THAT WE PLAYED THE RIGHT PROGRAM

### **PLEASE NOTE**

THE DEVICE SHOULD NOT BE USED ALONE BY CHILDREN UNDER 16 YEARS OF AGE. ALWAYS HAVE SOMEONE OLDER NEXT TO THEM TO HELP USING THE EAR home appliance.

### **WARNING ABOUT CONTRAINDICATIONS**

To date, over 7,000 clinical trials and testing of the effects of PEMF therapy have been performed in the world. Although it seems like a lot, only part of the work has been done so far in proving the quality and functions of this type of treatment. Therefore, only a part of the possible complications that PEMF treatment can cause was examined. Fortunately for us, and of course, PEMF therapies have not shown

any invasive and negative impact on the human body so far. The tests are continuing and we are certainly obliged and willing to point out to you the possible difficulties that you might encounter with the use of PEMF.

- PEMF THERAPY IS NOT RECOMMENDED TO BE USED BY PERSONS WITH IMPLEMENTED ELECTRICAL STIMULATORS SUCH AS PACEMAKER, NERVE ELECTRICAL STIMULATORS OF ANY PURPOSE, INSULIN PUMPS OR PERSONS WITH ANY ELECTRICAL DEVICES IMPLANTED IN THE BODY. IF YOU USE THE UHU HOME DEVICE AND PEMF TREATMENT IN GENERAL, YOU DO IT AT YOUR OWN RISK. ALTHOUGH SO FAR THERE HAVE BEEN NO UNDESIRABLE EFFECTS IN PATIENTS WITH INSTALLED PACEMAKER AND SIMILAR ELECTRO STIMULATORS AND DEVICES IN THE BODY, THERE IS STILL THE POSSIBILITY OF THEM BEING DISRUPTED BY THE ELECTROMAGNETIC FIELD OF THE PEMF DEVICE.

-BEFORE USING ANY TYPE OF PEMF THERAPY ON CHILDREN WHO HAVE NOT FINISHED THEIR DEVELOPMENT (CHILDREN UNDER 16 YEARS OF AGE), YOU SHOULD CONSULT A DOCTOR. THROUGH THE ACTION OF PEMF THERAPY, BETWEEN THE REST AND CELLS OF THE BRAIN ARE STIMULATED AND THIS RESULTS IN CERTAIN BIOPHYSICAL PROCESSES. THE ACTION OF PEMF TO CHILDREN HAS NOT CAUSED ANY COMPLICATIONS SO FAR, BUT IT IS UP TO US TO WARN YOU.

- PERSONS WITH IMPLEMENTED PROSTHETIC BODIES (PROSTHETICS) OF ANY KIND SHOULD FIRST CONSULT WITH A DOCTOR. THOSE DENTURES CAN BE MAGNETIZED BY THIS PULSATING ELECTROMAGNETIC FIELD AND THEREFORE CAUSE OCCASIONAL REACTIONS - BURNING, PINGING, ITCHING, UNPLEASANT SENSATION. THAT'S WHY FIRST CONSULT A DOCTOR WHO WILL TELL YOU WHAT MATERIAL YOUR PROsthESIS IS MADE OF AND GIVE YOU FURTHER INSTRUCTIONS. SO FAR THERE HAVE BEEN NO COMPLICATIONS CAUSED BY PEMF WITH THESE PATIENTS BUT IT IS UP TO US TO WARN YOU.

- PEOPLE WITH TRANSPLANTED ORGANS SHOULD FIRST CONSULT WITH THE DOCTOR. THIS IS BECAUSE THOSE PERSONS USUALLY TAKE MEDICATIONS TO PREVENT REJECTION OF THOSE ORGANS BY THEIR BODY. THERE IS A POSSIBILITY THAT AGGRESSIVE PEMF THERAPY IN THE INITIAL PHASE OF TRANSPLANT ACCEPTANCE COULD CAUSE A COUNTER EFFECT, THAT IS TO NEUTRALIZE THE EFFECT OF ANTI-REJECTION DRUG PRESCRIBED BY THE DOCTOR. IN THIS CASE ALSO, THERE HAVE BEEN NO COMPLICATIONS SO FAR, BUT IT IS UP TO US TO WARN YOU.

- THE USE OF INVASIVE PEMF THERAPIES IS NOT RECOMMENDED FOR PREGNANT WOMEN FROM THE EARLY PHASE UP TO THE 20TH WEEK OF PREGNANCY. THIS IS A PREVENTIVE MEASURE. SO FAR, THERE HAVE BEEN NO ADVERSE EFFECTS IN THE CASE OF PEMF TREATMENT ON PREGNANT WOMEN, BUT LOW FREQUENCY PEMF CAN ADVERSELY AFFECT THE DEVELOPMENT OF THE FETAL (IT HAS NOT BEEN TESTED IN DETAIL YET) AND IT IS UP TO US TO WARN YOU NOT TO DO THIS OR IF YOU DO - DO IT AT YOUR OWN RISK.